



# City Council Report

**Date:** November 4, 2024  
**To:** City Council  
**Through:** Scott Butler, Assistant City Manager  
**From:** Ken Cost, Police Chief  
Diana Williams, Police Commander  
**Subject:** Grant Award from the Department of Justice Office of Community Oriented Police Services Office for the FY24 Law Enforcement Mental Health and Wellness Act Implementation Project (Citywide)

## Purpose and Recommendation

The City of Mesa Police Department is respectfully requesting that the Mesa City Council approving and authorizing the City Manager to enter into a Grant Award with the Department of Justice Office of Community Oriented Police Services Office for the FY24 Law Enforcement Mental Health and Wellness Act Implementation Project and, to accept \$187,368 in grant funds for the Police Department's Human Resources Division to administer a Mental Health and Wellness Program.

## Background

The Mesa Police Department (MPD) will utilize these funds to address mental health challenges among law enforcement personnel and reduce early retirement by sustaining and expanding the implementation of the Boulder Crest Foundation's Posttraumatic Growth (PTG) based Struggle Well training program. This program aims to enhance the resilience and well-being of MPD's sworn and professional personnel and includes an awareness training initiative tailored for the families of department members.

## Discussion

The Boulder Crest Foundation's Posttraumatic Growth based Struggle Well training program will be used for multiple 5-day courses for law enforcement personnel, both sworn and civilian, several 3-hour family training and awareness sessions, integration of the program into police recruit training and establishing a cadre of internal Mesa Police Department Trainers.

## Alternatives

If this Grant Award is declined, funds will be reallocated by the Department of Justice.

**Fiscal Impact**

The award amount is \$187,368 and no match is required. Mesa Police Department personnel will be responsible for submitting invoices to the Department of Justice which will remit monies due upon receipt.

**Coordinated With**

The City of Mesa Police Department recommends the approval of the Grant Award with the Department of Justice Office of Community Oriented Police Services Office for the FY24 Law Enforcement Mental Health and Wellness Act Implementation Project.