

# Public Safety and Well-Being Resources in Mesa



Mesa Fire Chief, Mary Cameli Police Chief, Dan Butler Assistant Chief, Tim Walker Commander, Jason Redwing Police Community Partnership Administrator, Tara Hall





### RTCC Operations

- Opened in May 2022 Mesa City Court
- Combined efforts with the East Valley Fusion Center
- Staffed by Sworn and Professional Staff
  - 2 Sergeants
  - 11 Operators with 7 FAA Certified Drone Pilots
  - 4 Part-Time Operators
  - Anticipated 24/7 operations by January 2026 with 13 full-time operators
  - Implementation of new cameras in Parks and constant review of advancing technologies.

# RTCC Statistics January to October 2025

- Top Call For Service: Collisions (587)
- Calls for Service Assistance: 2707
- Felony Arrests: 371
- Misdemeanor Arrests: 293
- Stolen Vehicle Recovery/Arrests: 120
- Majority of calls RTCC is involved with, they are first on scene.









# MINDFUL BADGE WELLNESS THROUGH SELF-CARE

### RESILIENCE IMMERSION TRAINING

Hosted in partnership with the MPD, Police Spirit, and the Franciscan Renewal Center, this immersive program offers tools to navigate stress, cultivate emotional regulation, and foster cognitive clarity. The Mindfulness-Based Resilience Training (MBRT) program has been established for over 10 years.

#### Participants learned:

- Mindfulness practices to train attention, presence, and recovery
- Mindful Movement to build somatic awareness, equanimity, and grounded performace
- Interactive Learning that weaves neuroscience, cognitive fitness, and adaptive mindset strategies into personal and professional life







### STATISTICS



#### Grant

\$47,458

Was funded to send **40** Police Department employees (sworn or professional staff) through the 3-day retreat

#### **Purpose**

To enhance officer and staff wellness through mindfulness, stress management, and resilience building techniques

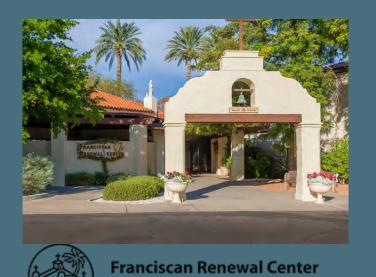
#### Lodging

Franciscan Renewal Center

5802 East Lincoln Drive Scottsdale, AZ 85253

#### **Tuition Included**

- Lodging
- 6 meals
- Training sessions
- Online course access
- Take-home materials
  - Yoga mat, journal and meditation cushion



Peace, Renewal, Good,

#### **Attendance**

- February 23rd -15th : 20
  - o 15 sworn
  - 5 professional staff
- September 10th 12th : 9
  - o 3 sworn
  - 6 professional staff
- October 22nd 24th: 12
  - o 4 sworn
  - 4 professional staff
  - 4 spots still pending

### PARTICIPANT FEEDBACK

Post-program surveys reflected strong participant engagement and impact



"The immersion experience I felt during this retreat made me realize I had not truly been practicing mindfulness for several years. I learned the true definition of mindfulness and will use these practices daily."

"I appreciated the meditation practices and will be looking to incorporate them into my weekly habits."



"This training helped me understand that distraction is normal when meditating. I now feel confident incorporating meditation into my life to manage stress on and off the job."

### COMMUNITY IMPACT

#### **Mindful Practices in Daily Operations**

Enhance focus, emotional control, and decision-making during briefings, calls for service, and critical incidents

#### **Culture of Presence & Compassion**

Strengthen communication, empathy, and trust within the department and the community



## ONE GRANT TO A LASTING COMMUNITY IMPACT

HOW THE 2019 SALT RIVER PIMA-MARICOPA INDIAN COMMUNITY GRANT LAUNCHED A NEW ERA OF EDUCATION AND CONNECTION





# COMMUNITY PROGRAM EVOLUTION

- The traditional Citizens Police Academy has connected Mesa residents with policing education since 1991.
- In 2019, the SRMIC grant helped launch new one-day community academies
- This success created the opportunity for more flexible ways to reach and engage the community.
- The following years brought expansion into new academy formats.





#### COMMUNITY IMPACT

- Flexible outreach and education models since 2019 have doubled participation and strengthened community connection
- Attendees live, work, worship, and serve in Mesa
- Graduates serve as ambassadors, volunteers, partners, and advocates for public safety
- On average, 70% of attendees represent diverse backgrounds and bring valuable perspectives



#### PARTICIPANTS' INSIGHTS

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Eye-opening, I didn't realize how many divisions work together to serve the community.

It was inspiring to see collaboration between officers and residents.

I came away feeling proud of my city and the people who serve it.

You can tell the officers truly care about building relationships, not just enforcing laws.





# Questions & Discussion







